

*"I believe in this program." - Teen Leader*



Since 1979

# TEENS *in* ACTION



EARN  
\$200



ADULTS  
& TEENS!

Become a certified trainer, build leadership skills and gain valuable work experience!

[WWW.OMNIYOUTH.NET](http://WWW.OMNIYOUTH.NET)

# TEENS *in* ACTION

## Facilitator Training Information

### What you get:

- FREE training includes all materials.
- Teens and adults can become certified Model Program Facilitators.
- Earn \$200 Visa gift card.
- Incredible opportunity for teen leadership and youth development.
- Excellent professional development opportunity.
- Skills, knowledge, and certification to add to your resume.
- Bonus Facilitation Skills training for all teen and adult trainees.

### What participants gain:

- Help youth avoid risks of alcohol, drugs, & violence.
- Improve youth life skills and peer pressure resistance skills.
- Increase school attachment.
- Raise self-esteem.
- Reduce power struggles with parents.
- Increase family, school, and peer bonding.
- Teens gain understanding of the negative social and physical effects of substance abuse.

### Curriculum Overview

Certified trainers facilitate 6 weekly 2-hour sessions to teens.

Topics include:

- **Session 1:** Qualities of character and the power of choice.
- **Session 2:** The spiral of success.
- **Session 3:** Responsibility and freedom.
- **Session 4:** Courage and self-esteem.
- **Session 5:** 10 prevention strategies.
- **Session 6:** Preventing drugs, alcohol, & other high risk activities.

*Sign up for your FREE training today!*

### Training Logistics

- Training time = 16 hours.
- Trainings held at the location, time, and date you request. You can also attend pre-scheduled trainings at our office.
- Bi-lingual trainings and materials available in Spanish and Russian!

To learn more:  
Contact Christopher Serra  
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*Find us!*



SACRAMENTO COUNTY

Funded by Sacramento County Department of Health Services, Behavioral Health Services, Alcohol & Drug Treatment Services.



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