

"This program is engaging, interactive, and helps families feel proactive and in control of parenting change." - FM Trainee

# FAMILY MATTERS



Since 1979



Become a certified trainer in this national, evidence-based program



earn  
★ \$200  
STIPEND

free  
TRAINING  
MATERIALS  
& C.E. HOURS

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# FAMILY MATTERS

## Facilitator Training Information

### What you get:

- FREE training includes all materials.
- Become certified as a Model Program Facilitator.
- Earn \$200 Visa gift card.
- Engage hard to reach populations who cannot attend in-person services. Extremely effective outcomes, even with volunteer or intern facilitators.
- Very low cost to implement, no materials to replenish or meeting space needed.
- Training includes detailed outreach, engagement, and retention tips.

### What clients gain:

- Free in-home family program.
- Facilitator provides one-on-one family support through phone and email.
- Booklets with in-home activities for parents alone AND parents & teens together. Booklets available in English and Spanish.
- No obstacles from transportation, language, culture, health, or finances.
- Personalized attention and convenient scheduling.
- Parents become stronger and more effective alcohol prevention advocates.

### Curriculum Overview

Certified trainers provide phone support to families with teens until completion of training. Topics include:

- **Booklet 1: Why Families Matter.**  
Learn how teen drug use negatively impacts the family.
- **Booklet 2: Helping Families Matter to Teens.**  
Family strengths that positively influence teens.
- **Booklet 3: Alcohol Rules are Family Matters.**  
Family variables that predict adolescent drug use.
- **Booklet 4: Non-Family Influences that Matter.**  
Positive and negative factors that influence decision-making, and the likelihood of teens engaging in high-risk behavior.

### Training Logistics

- Training time = 8 hours.
- Schedule your organization's FREE training today!
- Trainings held at the location, time, and date you request. You can also attend scheduled trainings at our office.
- Bi-lingual trainings and materials available in Spanish, Russian, and other languages by request!

To learn more:  
Contact Christopher Serra  
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Find us!



SACRAMENTO COUNTY

Funded by Sacramento County Department of Health Services, Behavioral Health Services, Alcohol & Drug Treatment Services.



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