



2022-2023 ANNUAL REPORT



YOUTH DRUG & ALCOHOL PREVENTION SERVING SACRAMENTO SINCE 1979

Reducing underage marijuana, alcohol, & opioid use by increasing Sacramento's capacity to create strong families and develop youth leaders through education, skill building and community engagement.

WWW.OMNIYOUTH.NET

Welcome!

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Program Descriptions, Outcomes & Impact, and Online Community Engagement

AGENCY SERVICES

Omni Youth Programs has over 44 years successfully delivering drug prevention services to youth aged 10 - 25 years, their families and professionals who serve them. Services are provided throughout our county's richly diverse communities and adapted to the unique needs of each group.

- In-Class Drug Prevention Education Programs
- Presentations & Virtual Workshops for Teens, Parents and the Community, and Training for Professionals
- Virtual Model Program Facilitator Certification Training for Teens, Parents, and Professionals
- Social Media Campaigns
- Community Events & Exhibits

CULTURAL INCLUSIVITY

Cultural competency, diversity, equity, and inclusion are priorities for Omni Youth Programs. Our agency has always reached out to undeserved and underrepresented communities to listen, hear, and offer free personalized services unique to them.

Leaders from diverse communities are also invited to provide insight, co-facilitate, and translate alongside our staff in their community. This ensures culturally competent, inclusive, safe and meaningful services for all.

We believe equipping youth, parents, professionals, and our staff with skills and resources empowers them to create meaningful changes where it matters most to them – in the diverse and vulnerable communities they live, work, serve, or go to school in.

Omni In The Community

46 EVENTS! 3,304 INDIVIDUALS SERVED

Omni Youth Programs partnered with numerous organizations to provide free events that featured multi-media workshops, prevention tools, the latest research, and immediately usable skills.

8 YOUTH PRESENTATIONS

- Myths That Still Exist: False Beliefs Drugs and Alcohol
- How to Encourage Youth to be Drug Free
- Marijuana: What's the Harm?
- Myth or Fact: What is the Truth About Drugs
- Marijuana Prevention Campaign
- Breakthrough Sacramento

4 COLLEGE CLASS TRAININGS

- Preventing Teen Alcohol & Marijuana Use: Theories and Strategies

13 PUBLIC SCHOOL & DISTRICT TRAININGS FOR YOUTH

- Myth or Fact: the Truth About Drugs
- Drug Prevention Takeover: Opioids and Other Drugs

**"SOME PEOPLE USE
DRUGS TO FEEL
SOMETHING, OTHERS
USE DRUGS TO FEEL
NOTHING"**

- 8th Grade Student
Breakthrough Sacramento



8 YOUTH SUPERVISOR PROFESSIONAL TRAININGS

- Hidden in Plain Sight
- How to Encourage Youth to be Drug Free
- Marijuana 101

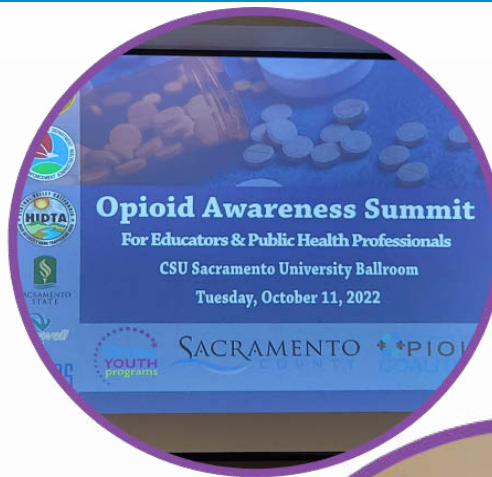
8 PARENT WORKSHOPS

- Parent Night - Marijuana and Fentanyl: What Parents Need to Know
- Drug Proof Your Youth
- Screenagers Under the Influence
- Fentanyl: What Parents Need to Know
- Evita el Consumo de Drogas en Los Jovenes (Spanish Presentation)
- "The First Day" Video Screening
- How to Talk to Your Youth About Opioids & Fentanyl

Omni In The Community

9 COMMUNITY EVENTS

- McClatchy Student Athlete Night
- Escape the Vape - Delta High School
- IRC Health and Wellness Fair
- Job Corps Wellness Fest
- Kennedy High School Open House
- Palmiter High School Open House
- Rio Vista High School Parent Night
- Smythe Middle School Open House
- Wyndam Crossing Community



COMMUNITY PARTNERS

Calworks & SUPT Systems of Care
 Church of Scientology
 Creative Connections Arts Academy
 CSUS Peer Health Educators
 Families United
 Hiram Johnson High School
 Hmong Youth and Parents United
 International Refugee Committee
 Youth Leadership Council
 International Rescue Committee
 John Still Middle School
 Luther Burbank High School

MAS-SSF
 McClatchy High School
 MET High School
 Natomas High School
 North Area Community School
 North Sacramento Family Resource
 Center NP3 Middle School
 Pacific Career & Technology High
 School Pioneer Elementary School
 San Juan Unified School District
 Sacramento County Coalition for Youth
 Shifa - MAS Youth
 San Juan Unified School District
 Twin Rivers Unified School District

AGENCY SUMMARY

Who We Served

Adults, Parents, Families	Homeless and Transient People	Religious Groups / Faith Based
Afghani	w/ Mental Health Issues	Russian
African American / Black	Iranian	Salvadorian
American Indian	Iraqi	School Staff/ Teachers/
Asian	Laotian	Administrators/ Counselors
People With Disabilities	Law Enforcement	Social Service Providers Somali
Economically Disadvantaged	LGBTQ	Students - Middle & High School,
Ethiopian	Malaysian	College
Filipino	Mexican	Ukrainian
Guatemalan	Native Hawaiian	Vietnamese
Hispanic/ Latinx	Pakistani	

Neighborhoods Served

Arden Arcade	Elmhurst	Orangevale
Citrus Heights	Foothill Farms	Rancho Cordova
Curtis Park	Lincoln Village	Rosemont
Elk Grove	Meadowview	South Sacramento
Natomas	Oak Park	Antelope

Professional Partners

- | | | |
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| <ul style="list-style-type: none">• Breakthrough Sacramento• Bridge Network• California Overdose Prevention Network• Center for Collaborative Planning/Public Health Institute• Connections Cafe - Folsom Cordova Community Partnership• Cultural Competence Committee - Sacramento County Behavioral Health• Drug Advisory Board - Sacramento County• Drug Advisory Board Prevention & Education Subcommittee• Elevate Life Church | <ul style="list-style-type: none">• Executive Directors - Sac County AOD Prevention & Treatment Providers• Folsom Cordova Unified School District• Improve Your Tomorrow Inc.• International Rescue Committee• Muslim American Society - Social Services Foundation (MAS-SFF)• Network Cafe - Community Engagement Center CSUS• NorCal Services for Deaf and Hard of Hearing• North Sacramento Family Resource Center• Office of Cannabis Enforcement Stakeholder | <ul style="list-style-type: none">• Prevention Providers - Sacramento County Alcohol & Drug Services• PRO Youth & Families• Sacramento LGBTQ Community Center• Sacramento Children's Home• Sacramento County Coalition for Youth• Sacramento County Coalition for Youth - Communications Subcommittee• Sacramento County Office of Education• Sacramento County Substance Use Prevention & Treatment Services |
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Public School & District Trainings

Equipping students throughout Sacramento's public school's with the necessary resources and knowledge to apply prevention practices in their own lives and communities. Students are taught about the dangers of alcohol, marijuana, opioids, fentanyl, vaping and other drugs through interactive presentations presented by Omni staff.



IN CLASS PRESENTATIONS

In class presentations offer the opportunity for public school's and districts to train their youth to practice alcohol, marijuana, and other drug prevention skills while interacting with Omni staff on their own campuses. Student's are given the opportunity to ask questions, engage in larger conversation, and learn current facts about drug trends facing their school's and communities. Through these interactive presentations, Omni is able to offer thousands of students relevant information and the skills to continue to live drug free.

LIVE IN CLASS WEBINARS

Students are trained through live webinars streamed into their classroom by an Omni Facilitator with the teacher joining in as an on-site co-facilitator. Together they create an interactive environment for the students to learn practical and often eye-opening information, tips, and engage in lively activities and meaningful discussions. Presentations cover common myths about drug trends and facts that disprove them. Through this format Omni serves over 1,600 students per school.

**"THE INFORMATION IS SO VALUABLE,
ALL TEENS SHOULD HEAR IT"**

- Staff Member at McClatchy
High School, 2023

Model Programs

Equipping the community with knowledge and skills to facilitate evidence based model programs that prevent underage alcohol, marijuana, opioid & other drug use.

AVAILABLE IN MULTIPLE LANGUAGES!

Omni Youth Programs trained **TEENS, PARENTS, TEACHERS, PROFESSIONALS, AND OTHER MEMBERS OF THE COMMUNITY** to become Certified Model Program Facilitators. This year's newly trained facilitators represented schools & school districts, non-profits, youth groups, and more. Each person trained plans to conduct the program in their own neighborhood, school or faith center with people they already have existing relationships with, cultural understanding of, and trust and familiarity with.

TRAININGS ARE AVAILABLE FREE, VIRTUALLY AND IN PERSON

Organizations Trained

- Bridge Network
- Community Advocates
- CSUS
- James Rutter Middle School
- Lyfe Youth Movement - Elevate Life Church
- ONTRACK Program Resources
- The Tree of Life

TEENS IN ACTION

Teens & youth professionals received training to become Certified Model Program Facilitators in Teens in Action. They will then lead teen groups using high energy activities, lively discussions, and engaging videos while exploring issues of alcohol, drugs, sexual health, and violence. Facilitation training is also included for all youth trainees and their adult mentors. The program provides youth with critical skill-building and the opportunity for professional and leadership skills.

FAMILY MATTERS

The Family Matters program is for parents & teens to do together in the privacy, comfort, and convenience of their own home & on their own schedule. This program is especially useful for families unable to attend in-person services. Facilitators were trained to guide & motivate families through the program using role-play, stories, discussions, quizzes and more to open up communication across generations and strengthen the family.

Social Media



Social Media	Facebook	Instagram	Twitter	Youtube	Newsletter	Blog
# Impressions	7,359	6,032	5,578	# Views 882	# Views 2,165	# Views 1,054
# Posts	562	120	597	0	5	3

FUNDED BY SACRAMENTO COUNTY

**Sacramento County Department of Health
Services - Behavioral Health Services,
Substance Use Prevention and Treatment**

**ADDITIONAL FUNDING FROM CORPORATIONS, FOUNDATIONS,
& PRIVATE DONORS**



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THANK YOU FOR SUPPORTING OMNI YOUTH PROGRAMS!

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