

"This information can be life-changing." - APT Trainee



Since 1979

ACTIVE PARENTING *of* TEENS



FREE
TRAINING
& MATERIALS
& C.E. HOURS

earn
★ \$200
STIPEND

Become a certified
trainer in this national,
evidence-based program!

WWW.OMNIYOUTH.NET

ACTIVE PARENTING of TEENS

Facilitator Training Information

What you get:

- FREE training includes all materials.
- Become certified as a Model Program Facilitator.
- Earn \$200 Visa gift card.
- Ability to incorporate curriculum into existing programs or use as a stand-alone program.
- Extremely effective outcomes, even with volunteer or intern facilitators.
- Includes all start-up materials: curriculum, videos, DVDs, PowerPoints, marketing materials, registration forms, sign-in sheets, and more.
- Training includes detailed outreach, engagement, and retention tips.

What parents gain:

- Strengthen your teen's personal characteristics ('protective factors') that prevent and reduce teen alcohol use, drug use, & violence.
- Enhanced parenting skills and parent-teen communication.
- Eliminate power struggles, learn conflict resolution strategies.
- Improved family bonding.
- Addresses the special needs of stepparents.

Curriculum Overview

Certified trainers facilitate 6 weekly 2-hour sessions to parents of teens. Topics include:

- **Session 1: The Active Parent.**
What teens need to succeed.
- **Session 2: Winning Cooperation.**
Who owns the problem, cooperation, communication.
- **Session 3: Responsibility & Discipline.**
Logical consequences, discipline vs. punishment.
- **Session 4: Building Courage, Redirecting Misbehavior.**
Turning discouragement into encouragement.
- **Sessions 5 & 6: Reducing Risks of Drugs, Sexuality, & Violence.** Understanding the problem, strategies to reduce risks, & teaching positive values and choices.

Training Logistics

- Training time = 3 days.
- Trainings held at the location, time, and date you request. You can also attend pre-scheduled trainings at our office.
- Bi-lingual trainings and materials available in Spanish and Russian!

To learn more:
Contact Christopher Serra
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Find us!



SACRAMENTO COUNTY

Funded by Sacramento County Department of Health Services, Behavioral Health Services, Alcohol & Drug Treatment Services.



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