



You Can Prevent Youth Rx Drug Abuse

49%
of teens who misuse or abuse Rx medicines obtained them from friends.

73%
of teens indicate that it's easy to get prescription drugs from their parents' medical cabinet.

66%
of people do not dispose of expired medications properly.



Don't Share

Sharing prescription drugs with family or friends, even when you intend to help them, is a dangerous misuse that could cause serious consequences.



Securely Store

Lock up all medicine and monitor access. Don't allow youth to take unknown amounts of medication to school.



Properly Dispose

Drop off at a disposal location (disposemy meds.org)
OR
Put in sealed bag with dirt or kitty litter and place in a secured trash receptacle.



Talk Early & Often

Talk about the dangers of prescription drug abuse with your youth.
Go to teens.drugabuse.gov for information.

